

DAIRY FREE MENU



appetizers & salads

PAN SEARED CALAMARI

Tossed with sliced cherry peppers/12.00

ROASTED CHICKEN WINGS

Sauces: XX Hot, Hot, Cajun OR BBQ/10.00

GRILLED CHICKEN TENDERS

Served with homemade honey mustard/10.00

THE LOADED "WEDGE"

Tomato, bacon & onions with your choice of a dairy free dressing/7.00/13.00

children's menu

KIDS SALMON

served with a choice of one side/13.00

KIDS GRILLED CHICKEN TENDERS

with a choice of one side/8.00

entrées

FRESH FISH OF THE DAY (Blackened or Pan Seared) Pick any fish from the daily special sheet and choice of two sides/MKT Price

HAND-CUT FILET MEDALLIONS "MEDIUM RARE" with choice of two sides and choice of a dairy free sauce/19.00

HAND-CUT 8 OZ. CENTER CUT FILET MIGNON with choice of two sides and choice of a dairy free sauce/32.00

BONE-IN BERKSHIRE PORK CHOP with choice of two sides/25.00

BROILED CHESAPEAKE BAY CRAB CAKES with choice of two sides/28.00

BACK YARD BARBECUE BABY BACK RIBS Slow cooked, fall off the bone pork ribs with choice of two sides/18/29

PAN SEARED JUMBO SHRIMP with choice of two sides and a dairy free sauce/21.00

homemade sides

SAUTEED SPINACH • STEAMED BROCCOLI

APPLE SLAW • PLAIN #1 IDAHO BAKED POTATO (ADD \$3.00)

dairy free dressings

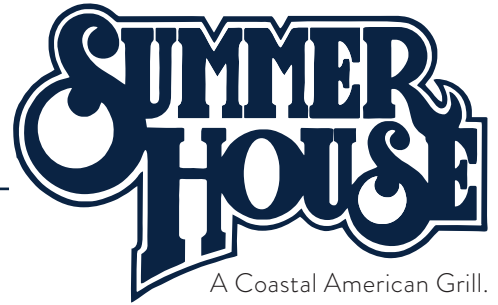
BALSAMIC VINAIGRETTE • LEMON THYME VINAIGRETTE

WHITE BALSAMIC VINAIGRETTE

To ensure a great dining experience for all of our guests, BFRG has created an allergy menu to assist our guests with food allergies to make informed selections. While we take steps to minimize the risk of cross contamination and to accommodate all allergies, we cannot guarantee or assume responsibility for guests with allergies.

Guests eat at their own risk.

SHELLFISH FREE MENU



appetizers & salads

ROASTED CHICKEN WINGS

Sauces: XX Hot, Hot, Cajun OR BBQ/9.00

GRILLED CHICKEN TENDERS

Served with homemade honey mustard/10.00

THE LOADED "WEDGE"

Tomato, bacon, onion and blue cheese dressing/7.00/13.00

BAKED GOAT CHEESE SALAD

With mixed greens, dried cherries, candied pecans with a lemon thyme vinaigrette/7.00/13.00

CAESAR SALAD

Traditional dressing, pasteurized eggs, garlic croutons and Parmesan cheese/7.00/13.00

children's menu

KIDS SALMON

served with one side/13.00

KIDS PAN SEARED CHICKEN TENDERS

with a choice of one side/10.00

entrées

FRESH FISH OF THE DAY (Crusted or Pan Seared) Pick any fish from the daily special sheet with choice of two sides/MKT Price

HAND-CUT FILET MEDALLIONS "MEDIUM RARE" sautéed spinach, Neva's potatoes, peppercorn sauce/19.00

HAND-CUT 8 OZ. CENTER CUT FILET MIGNON served with a choice of two sides/32.00

FRESH BONE-IN BERKSHIRE PORK CHOP with choice of two sides/24.00

JUICY GRILLED CHEESEBURGER w/jack cheese, lettuce, tomato & pickle on a homemade sesame seed bun w/choice of one side/13.00

BACK YARD BARBECUE BABY BACK RIBS Slow cooked, fall off the bone pork ribs with choice of two sides/18/29

GRILLED CHICKEN SANDWICH Coleman's organic, free-range, double breast, jack cheese, applewood smoked bacon, L,T,P, homemade sesame seed bun with choice of one side/14.00

SLICED PRIME SIRLOIN SANDWICH Roasted for 20 hours until medium rare, topped with melted jack cheese, served warm on a homemade sesame seed bun with choice of one side/13.00

PULLED PORK SANDWICH

Carolina style, housemade apple-slaw, homemade sesame seed bun/12.00

SUMMER HOUSE TACOS (3) With Spanish slaw, queso fresco & chipotle mayo with a choice of one side/12.00

YOUR CHOICE OF FISH, SHRIMP OR BEEF.

homemade sauces

MUSHROOM DEMI • BRUSCHETTA TOMATOES

BLACK BEAN SALSA • A1 STEAK SAUCE

homemade sides

DAILY FRESH VEGGIE • APPLE SLAW • NEVA' S POTATOES

LOADED #1 IDAHO BAKED POTATO (ADD \$3.00)

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GLUTEN FREE MENU

appetizers & salads

ROASTED CHICKEN WINGS

Sauces: XX Hot, Hot, Cajun OR BBQ/10.00

PAN SEARED CALAMARI

Tossed with sliced cherry peppers/12.00

GRILLED CHICKEN TENDERS

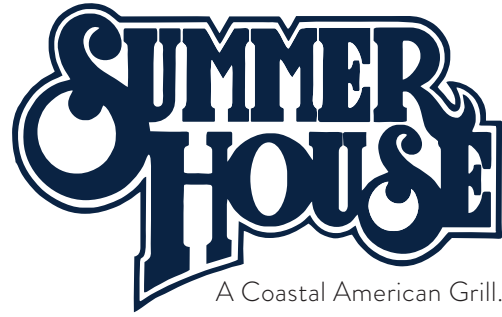
Served with homemade honey mustard/10.00

THE LOADED "WEDGE"

Tomato, bacon & onions with bleu cheese dressing/7.00/13.00

CAESAR SALAD

Traditional dressing using only pasteurized eggs and
Parmesan cheese/7.00/13.00



entrées

FRESH FISH OF THE DAY (Blackened or Pan Seared) Pick any fish from the daily special sheet with choice of two sides/MKT Price

HAND-CUT FILET MEDALLIONS "MEDIUM RARE" with choice of two sides and choice of a gluten free sauce/19.00

HAND-CUT 8 OZ. CENTER CUT FILET MIGNON with choice of two sides and choice of a gluten free sauce/32.00

BROILED CHESAPEAKE BAY CRAB CAKES with choice of two sides/28.00

PAN SEARED GULF SHRIMP DINNER with choice of two sides/21.00

GRILLED 12 OZ. BONE-IN PORK CHOP with apple butter and a choice of two sides/25.00

BACK YARD BARBECUE BABY BACK RIBS Slow cooked, fall off the bone pork ribs with choice of two sides/18/29

homemade sauces

BRUSCHETTA TOMATOES

A1 STEAK SAUCE

homemade sides

DAILY FRESH VEGGIE • APPLE SLAW
LOADED #1 IDAHO BAKED POTATO (ADD \$3.00)

children's menu

KIDS SALMON

served with a choice of one side/13.00

KIDS GRILLED CHICKEN TENDERS

with a choice of one side/8.00

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